International Conference on Contemporary Issues in Integrating Health and Nutrition with the Emerging Areas of Food Technology, Agriculture, Environment and Allied Sciences

Influence of Blanching and Potassium Metabisulphite on Chemical Composition of Pea Peel Powder

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Abstract—In the present study, the effect of hot water blanching and treatment with potassium metabisulphite (KMS) after blanching has been investigated. Waste was procured, washed and blanched at 80°C for 3 minutes and dipped in cold water/dipped in 0.25% potassium metabisulphite and dried in laboratory tray dryer using different time-temperature combinations. On the basis of different quality characteristics as moisture content, ash content, protein content, color value, chlorophyll content, antioxidant, polyphenol and ascorbic acid content best time-temperature combination of 60°C for 5 hours of KMS treated pea peel powder was chosen. Pea peels treated with potassium metabisulphite after blanching were observed to retain 9%, 20% and 17% more polyphenols, ascorbic acid and chlorophyll content respectively as compared to blanched sample. Blanching as well as KMS treatment of pea peel resulted in 37-40% increase in antioxidant content as compared to fresh pea peel on dry basis and retained more color.

ISBN: 978-93-85822-87-2 Page No. 83-83